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Syria allows UN probe

U.S. says it has 'very little doubt' regime used chemical weapons, as calls for military action grow PAGE 13

Holden Caulfield as a senior

Posthumous J.D. Salinger book releases planned PAGE 21

METRO LOOKS AT HOT NEW TV SEASON ALL WEEK

TODAY, MEET THE LONG ISLAND PRINCESSES PAGE 23

¡QUÉ BIEN!

A member of mariachi group Orgullo de Mexico performs during Expo Latino on Sunday. The festival wrapped up this weekend. Story, page 8. GLENN KELLY/FOR METRO

Flooding fuels housing bump

High River neighbours. Realtors and residents agree that flood mitigation key to stemming the tide

DARREN KRAUSE
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High River residents whose homes were rendered uninhabitable by June's flooding have sought refuge in surrounding communities, boosting property sales in those areas, realtors say.

Flooding forced Brandon Ralph and his family from their Hampton Hills home in High River. Ralph posted his urgent need for a home in Okotoks or south Calgary on Kijiji. They eventually settled on Calgary.

"It probably won't be for six or eight months before we're allowed back (to High River)," he said.

The Calgary Real Estate Board said in mid-July that the impact of southern Alberta flooding on sales in surrounding towns would be noticed for the next quarter, maybe two, and predicted "long term" effects on High River real estate without flood mitigation.

Many are looking toward Okotoks, a bedroom community similar to High River. Local real-estate agent Ryck Flemmer, who works for Century21 Foothills, said it started with High River seniors looking for replacement condos.

"The next little wave we had was people who were in a position where they just didn't want to live in High River any more and this (flood) just expedited it," Flemmer said.

Flemmer expects the trend to continue in all the small communities in the area, but High River real-estate agent Ken Braat hopes residents ride things out.

"On June 19, we were a place people wanted to go (to)," said Braat, with annual flood concerns all but behind High River.

"Now we're looking at this reality and we've got some people who are just terrified — knee-jerk reactions that they want to leave."

Braat said he's seen some residents put their houses on the market for rock-bottom prices, but he's hoping people see a "moral responsibility" to keep prices reasonable for the market.

Ralph, whose High River home is being remediated by Tervita, said he'd have taken a buyout on his home had his area qualified. But for now, his family's future in High River depends on one thing.

"If they don't do anything about flood mitigation, we won't be staying," he said.

Change of place

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Okotoks has seen 42 per cent uptick in July home sales.

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Motorcycle racing

'Young star' dies in Quebec crash

The Calgary motorcycling community is reeling after the loss of a rising young star over the weekend.

John Ross MacRae of Calgary was involved in a single-bike crash at Le Circuit Mont-Tremblant, part of the Mopar Canadian Superbike Championship (CSBK). MacRae was taken to hospital in Montreal where he died Sunday morning, according to a release by the CSBK.

The racing series director of competition, Colin Fraser said MacRae was very popular and "greatly respected" by fellow competitors.

"John Ross MacRae was one of the brightest young stars in our sport and his loss is a great tragedy for Canadian racing," Fraser said in a prepared statement. METRO

Apartment building

Pepper spray forces evacuation

Twelve people were ushered from a building in the southwest after pepper spray had been discharged.

Firefighters responded to a call in the 1800 block of 16 Street S.W. just before 11:30 p.m., Saturday to assist a person having difficulty breathing.

Several people in the apartment building were reporting the same problem, fire officials said.

Firefighters tested the air quality in the building and discovered pepper spray had been discharged. Large fans were brought in to ventilate the building and all of the tenants were allowed back in. METRO

The successful route to city hall will likely involve some heavy traffic on Twitter in the lead-up to Calgary's municipal election, say political observers. METRO FILE

Political rivals duke it out online

Social melee. Twitter debates more public and more permanent than traditional forums, observers say

ROBSON FLETCHER
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One moment, they're exchanging politically charged barbs and the next, they're trading jokes about playing in bouncy castles.

Such was the nature of the Twitter sparring between Mayor Naheed Nenshi and Ward 1 candidate Chris Harper over the weekend, and Calgary political observers say we can expect a lot more of where that came from as the municipal election campaign heats up.

"People are using Twitter, I think, for their news source on the campaign so far," said Shane Byciuk of CalgaryRants.com, adding that savvy candidates are well aware of their growing online audiences, and carefully manage their presences online.

The weekend exchange actually began with the mayor's sister, Shaheen Nenshi Nathoo, asking council candidates whether they agreed with the "vision" for Calgary outlined by the conservative-leaning Manning Centre.

Harper chimed in, and an extended exchange ensued between him, the mayor and numerous others.

"It's just a natural extension and evolution I think of the old town hall or community open forum," Joey Oberhoffner of CalgaryPolitics.com said of the trend toward spontaneous Twitter debates.

Oberhoffner said Twitter offers "a more honest window" into who candidates are as people but "it's a delicate balance" for them to manage the serious tweeting with the lighter, personal stuff.

Road to election

To read through this weekend's lengthy Twitter exchange, see the online version of this story at MetroNews.ca

- The municipal election is on Oct. 21
- So far, no candidates for mayor other than Nenshi have officially come forward, but observers say several key races for council seats will ultimately have a major impact on Calgary's future direction.

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Calgary dog owners Patrick, left, Caris and Alistair Simmons play with their dog Coco at an off-leash park in Marda Loop on Sunday. GLENN KELLY/FOR METRO

Pet owners on alert after a dog tests positive for rabies

Brought from Nunavut to Calgary area.

The rare diagnosis for puppy is opportunity to remind public to take precautions, says doctor

The recent rabies diagnosis and euthanization of a Calgary-area puppy has some residents concerned for the safety of their pets.

The dog, brought back from Nunavut, was a rare case according to Alberta Health Services Medical Officer Dr. David Strong, who urged the public to take precautions but not to get carried away.

"Rabies, although rare, is present in wild animal populations in all provinces, including Alberta, so pet owners need to ensure that their pets are kept up to date on immunizations." Strong added that the public should also take care to not feed or handle wild animals or strays as any mammal can acquire rabies.

But Calgary pet owners are staying cautious, realizing that responsible pet ownership will likely shield them from the brunt of bad pet diseases.

"I would think you've got just as big a chance of having dogs inside the province, on a farm or some kind of mutt or stray that could have rabies, as much as outside of the province." says dog owner Patrick Simmons.

"It's not an inside or outside of the province issue, it's are you getting your dogs checked, are you being a responsible dog owner, or are you just having a dog and doing nothing about it?"

There have been five cases of rabies reported in the Northwest Territories this year.

GLENN KELLY/FOR METRO

Fast facts

- Over 50,000 human deaths from rabies are recorded worldwide annually.
- There are two forms of rabies, dumb and furious, according to the Canadian Food Inspection Agency website.
- As a "reportable disease" under the Health of Animals Act, all rabies cases must be reported to the CFA.

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Number of stolen bikes may be much higher: Researcher

Crime. Reported thefts are up in Calgary, but many bicycle robberies go undisclosed to police

ROBSON FLETCHER
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Calgary's rash of reported bicycle thefts this summer likely represents just a fraction of the number actually stolen, says a researcher with Bike Calgary.

"I would say the number of bike thefts is several times what's actually reported," said Dustin Jones, who has analyzed more than two decades' worth of bike-theft data in Calgary.

"Most people I know, when they've had a bike stolen, haven't reported it," Jones added. "But I'd always recommend reporting it so there's more information."

Police revealed last week that reported thefts were up 38 per cent in 2013 over the previous five-year average, and they urged Calgarians to take additional steps in locking up their bikes.

"Invest in a proper lock," Sgt. Brett Hodel advised. "A lot of people, they'll spend a certain amount of money on a bike, but then they don't want to spend maybe that $100 and get a good lock."

And that's a small investment compared to the value of a lot of modern bikes, said Bob Grunewald, marketing director at Bow Cycle.

"We have up to $15,000 bikes on the floor," he said. "But generally the bike that's going to get stolen is between $2,000 and $5,000."

By the numbers

16.5%

The proportion of bicycles reported stolen in July, according to data analyzed by Dustin Jones, making it the peak month for bike thefts.

Bow Cycle sales associate Mackenzie Brush demonstrates the strength of the Kryptonite Era lock, one of the high-end locks the store is offering to bicycle owners. GLENN KELLY/FOR METRO

Golf. Pros arrive for city Champions Tour event

The first flight of pro golfers touched down in Calgary Sunday night, as they prepared to tackle the Canyon Meadows golf course in this weekend's Champions Tour event.

Among the players arriving at 9:55 p.m. were Mark O'Meara, Tom Lehman, Tom Kite and Steve Elkington, all of whom have won major tournaments in their time on the PGA tour.

Joining them on that flight were Rocco Mediate, Bob Tway, and Canadians Rod Spittle and Jim Rutledge.

The players are joining dozens of others for the inaugural Shaw Charity Classic this weekend. METRO

Get your tickets

Tickets are still available for the Shaw Charity Classic. Visit shawcharityclassic.com for more details. Youth 17 and under get in free with a ticketed adult.

Northmount Drive NW

Occupant pulled from burning home

One person was rescued from a northwest Calgary house fire late Saturday.

Firefighters were called to a home in the 400 block of Northmount Drive NW, and upon arrival they saw visible smoke coming from inside.

They were able to fight the fire in the interior while searching the residence. Once the occupant was found, that person was removed from the home and transferred to EMS care.

All other residents were accounted for and no additional injuries were reported.

No damage estimate was available. METRO

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Local Syrians let down by rest of world

Syrians mourn over the dead bodies of children after an alleged poisonous-gas attack by regime forces on Aug. 21.
LOCAL COMMITTEE OF ARBEEN/THE ASSOCIATED PRESS

Suspected gas attack. Calgary residents want action, not posturing, from international forces: Representative

ROBSON FLETCHER
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News that the Syrian government would finally allow a UN envoy to visit the site of an apparent chemical-weapons attack came as little comfort Sunday to Syrians living Calgary, says a spokesperson for the local community.

"Our expectations were much higher of the international community — that they would intervene immediately to see what is happening, to see what kind of chemical weapons were used and how they were used," Yaser Ghanam said of Aug. 21's alleged attack.

"This just gives enough time for the regime to clean up after their mess. Why wouldn't they allow them from Day 1? That tells you a lot about the coverup they're trying to do."

More than 300 people were killed in an artillery barrage by regime forces that included the use of toxic gas, according to Doctors Without Borders.

The embattled regime of Syrian President Bashar Assad called the allegations "absolutely baseless," but international skepticism continues to grow.

A senior White House official dismissed Syria's decision to facilitate a UN investigation as "too late to be credible," adding that the United States now has "very little doubt" Assad's forces used such weapons.

Canada's Foreign Affairs Ministry, meanwhile, issued a statement Sunday saying, "The regime's actions on this issue in the coming hours and days will speak louder than its words."

But Ghanam said local Syrians are looking for action, not rhetoric, and are growing frustrated at the "double standards" of the international community's responses to chemical weapons.

"Just the hint of the existence of weapons of mass destruction warranted a full-scale war against Iraq, and within a few days Saddam Hussein was toppled," he said.

"The international community is dealing with these crises in such an unfair way."

WITH FILES FROM THE CANADIAN PRESS

Heavy toll

- More than 100,000 people have been killed since the conflict began in March 2011, according to the UN.
- It is estimated that one million Syrian children are living in refugee camps.
- The death toll from the Aug. 21 attack alone could be as high as 1,300, according to some estimates.

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Calgarians catch Latin fever once again

Arriba! Thousands take in annual festival

GLENN KELLY
calgary@metronews.ca

Buenos noches to another year of Expo Latino, as the annual Latin American arts-and-culture festival wrapped up its final day Sunday.

With headliners such as Canadian nouveau flamenco guitarist Oscar Lopez, and Latin American Grammy winner Elvis Crespo, the event will be sure to leave Calgarians salsa dancing for weeks.

"This year is our 17th year, and I think it's been the best ever," said festival organizer Carmen Galvez.

"We have grown immensely, our audience has probably doubled, and our lineup on stage has been tremendous."

Over the course of the weekend, traditional dance and music from all Latin American nations was showcased, with a few modern twists to get the crowd moving, as well as plenty of spicy food and refreshing drinks to keep them dancing all night.

"I think that Calgary is very diverse and I think people are hungry and thirsty for culture and different arts and entertainment," Galvez said. "I think we really have to feel proud that Expo Latino has put Calgary on the map."

Galvez hopes the festival will be just as exciting next year, bringing the Latino fever to Calgarians once again.

"It's going to be a huge challenge to surpass this year's success."

Dancers from Asi es Colombia, a non-profit dance group, perform a traditional Columbian folklore dance Sunday at Expo Latino. GLENN KELLY/FOR METRO

2013 FLOOD RECOVERY

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- **If you are a homeowner, bringing your 2013 property tax assessment will help speed up the process.**

If you cannot apply at this time, continue cleaning up and repairing your property if it is safe to do so, saving receipts and taking photos of damage.

For more information visit **alberta.ca** or call **310-4455** toll-free.

Alberta Government

U of A. More cuts coming

In order to produce a balanced budget by the spring of 2015, the University of Alberta will make a further overall seven per cent cut from its academic side and an eight per cent cut from support services.

U of A president Indira Samarasekera announced the cuts in a written memo on Friday before telling a media availability that the cuts will affect programs, courses and staff.

"We have to look at every single program, every single course and ask ourselves the question, 'Can we do it?'" said Samarasekera.

The cuts will make it harder for students to complete their degree in four years, and harder for aspiring students to get into the school, Samarasekera said.

The school's president said the cuts to each faculty and unit will be determined after the Sept. 16 Voluntary Severance Program deadline and deans will have details on specific cuts by December.

On Friday, Advanced Education Minister Thomas Lukaszuk told media the government is "committed to minimizing the impacts on students," and he wants all 26 schools within Campus Alberta to be in a fiscally sound position.

Last week, Lukaszuk appointed independent consultants to review the U of A's finances. ANNALISE KLINGBEIL/METRO WITH FILES FROM HEATHER MCINTYRE

University of Alberta president Indira Samarasekera spoke to media on Friday. HEATHER MCINTYRE/METRO

Fort McMurray

Pilot doing survey work dies in crash in remote northern Alberta lake

Authorities in northern Alberta say a pilot is dead after a plane was found upside-down in a lake.

John Lee of the Transportation Safety Board says the single-engine Cessna 185 left the airport in Fort McMurray on Friday for a trip that was supposed to be a short flight to a remote lake south of the city.

Lee says the amphibious plane was privately registered but the purpose of the flight was to conduct survey work in the region.

He says the first indication of trouble came from a helicopter pilot who flew over the lake and spotted the partially submerged aircraft.

Rescue personnel from Cold Lake, Alta., recovered the body of the pilot who RCMP say was the only occupant. THE CANADIAN PRESS

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Canada looking to send its first astronaut to the moon

Global Exploration Roadmap. A return to the moon within two decades is part of a plan developed by 14 space agencies

Canada could be sending its first astronaut to the moon under an ambitious long-term plan being developed by a group of space agencies around the world.

Canada is among the 14 space agencies participating in the International Space Exploration Coordination Group, which first started developing the strategy in 2007.

An early phase of the plan would put a new space station into orbit around the moon, and use it as a staging point to ferry astronauts back and forth. It's part of a roadmap that lays out human and robotic missions in the solar system over the next 25 years, with the other components including a moon settlement and a proposal to capture a near-Earth asteroid.

Jean-Claude Piedboeuf, the director of space-exploration development at the Canadian Space Agency, says there's an agreement among space agencies that returning to the moon is a stepping stone to a more distant target: Mars.

It would be the first human visit to the moon since 1972, when NASA astronauts Eugene Cernan and Harrison Schmidt spent 75 hours there. THE CANADIAN PRESS

Test bed

"You need to master how to land on a planet — and the moon can be a test bed for that."

Jean-Claude Piedboeuf, director of space-exploration development at the Canadian Space Agency

Astronaut Edwin E. Aldrin, Jr., lunar module pilot, prepares to walk on the moon in this July 20, 1969, file photo. Canada could be sending its first astronaut to the moon under an ambitious long-term plan.
NASA/THE ASSOCIATED PRESS-THE CANADIAN PRESS FILE

It wriggles, it squeals, it's adorable. Panda cub's all right, zookeepers say

The giant panda cub at Washington's National Zoo appears to be in excellent health, zookeepers reported after a 10-minute physical exam Sunday morning.

The panda, born Friday afternoon, weighs 136 grams, is pink with white fur and wriggled and squealed loudly when it was taken away from its mother, zoo officials said.

The mother, Mei Xiang was agitated when the cub was taken away from her, pacing and growling in her den, but the mother calmed down immediately after the cub was returned to her and she began cradling it.

A second cub was stillborn Saturday night. Zoo officials aren't sure what prevented the stillborn cub from developing, but it had abnormalities around its head and was missing its brain.

Mei Xiang gave birth to her only surviving cub, a male named Tai Shan, in 2005. Tai Shan enjoyed rock star status before he was returned to China in 2010. China owns the pandas at the zoo.

Mei Xiang gave birth to a cub last year after several years of failed breeding, but the cub died after six days. Its lungs hadn't fully developed and likely weren't sending enough oxygen to its liver. THE ASSOCIATED PRESS

A member of the panda team at the Smithsonian's National Zoo performs the first neonatal exam Sunday on a giant panda cub born Friday. COURTNEY JANNEY, SMITHSONIAN'S NATIONAL ZOO/THE ASSOCIATED PRESS

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Trudeau's toke tale aimed at dispelling smoke and mirrors

Transparency. Liberals hope host of measures will bring more public support than trouble

There is method to Justin Trudeau's reefer madness.

His willingness to confess his past proclivity for puffing pot is part of a strategy to brand the Liberal leader as a different kind of politician — one who's transparent, even to a fault.

It's a risk that could pay off big or blow up in his face, Liberal insiders acknowledge.

His voluntary admission last week that he took a pull on a joint at a dinner party three years ago — while he was an MP — wasn't the first example of Trudeau's perilous frankness and it won't be the last.

During the leadership contest last spring, Trudeau voluntarily disclosed all his sources of income, including more than $1 million earned on the public-speaking circuit.

The fact that he continued to accept hefty speaking fees from charitable groups and educational institutions after being elected as an MP sparked sufficient backlash that he eventually offered to refund any dissatisfied group. In the end, none took him up on the offer.

Justin Trudeau's call to legalize weed has the added benefit of appealing to those who normally vote NDP, strategists contend. FRANCIS VACHON/THE CANADIAN PRESS FILE

"It's the type of leadership that (Canadians) have been waiting for," Liberal House leader Dominic LeBlanc wrote on the pot controversy in a blog on the party's website last week.

"Rather than duck and dodge, our leader gave straight answers to tough questions."

The commitment to transparency isn't going to be confined to the leader, however.

During a three-day caucus retreat in P.E.I. that begins Tuesday, Liberal MPs and senators are to be presented with a template for publicly disclosing their expenses online. That's in keeping with a promise made by Trudeau last spring amid the uproar over the Senate expenses scandal.

MPs will also be given a rundown on how the party intends to handle Trudeau's pledge to hold open nominations in every riding across the country, forgoing the leader's power to appoint candidates or protect incumbents from challenges.

THE CANADIAN PRESS

Migrants killed by train derailment in Mexico

A notorious cargo train known as "the Beast," carrying at least 250 Central American hitchhiking migrants, derailed in a remote region of southern Mexico on Sunday, killing at least five and injuring 17, authorities said.

The train company and rescue workers were bringing in two cranes to help search for more victims among the derailed cars, officials said. Thousands of migrants ride the roofs of the cars on their way north each year, braving brutal conditions for a chance at crossing into the U.S.

The Tabasco state government said at least 250 Honduran migrants were on the train heading north from the Guatemala border. Heavy rains had loosened the earth beneath the tracks and shifted the rails, officials said.

Turned away

32,000

The number of Hondurans deported by the U.S. last year. Authorities say it's hard to estimate the true number crossing north.

Honduran President Porfirio Lobo set up a call centre for families to learn information about their loved ones.

The head of civil protection for Mexico's Interior Department, Luis Felipe Puente, released a list of 17 Hondurans ranging in age from 19 to 54 who were taken to two regional hospitals. Six of them were in serious condition, according to the list he published on Twitter.

Tabasco state Civil Protection chief Cesar Burelo Burelo said the accident happened at 3 a.m. in a marshy area surrounded by lakes and forest that is out of cellphone range.

While the number of Mexicans heading to the U.S. has dropped dramatically, there has been a surge of Central Americans making the 1,600-kilometre journey, fuelled in large part by the rising violence brought to their homelands by the spread of Mexican drug cartels. THE ASSOCIATED PRESS

'Discrimination' or not?

FIFA awaits reply on Russian gay law

FIFA president Sepp Blatter expects a reply within days from the government in Russia, the 2018 World Cup host, after requesting clarification of its law prohibiting gay "propaganda."

Blatter said Sunday that he asked "by letter and by personal contacts" up to President Vladimir Putin for details about legislation which has provoked an international furor ahead of the 2014 Sochi Olympics.

FIFA statutes state that discrimination is "punishable by suspension or expulsion" for individuals in football or member federations. THE ASSOCIATED PRESS

China

Fallen politician vilifies witnesses

The defence strategy of Chinese politician Bo Xilai, who is battling accusations of corruption and shielding a murderer, boils down to this: one of the prosecution's key witnesses is a liar, and the other is crazy.

Four days of testimony ended Sunday, with Bo alleging that Chongqing police chief Wang Lijun was "a person of very vile quality, who lied in court and muddied the waters."

Bo called his wife, convicted murderer Gu Kailai, "crazy" after she testified and said he could not be held responsible for crimes she committed.

THE ASSOCIATED PRESS

Myanmar

Buddhist mob sets Muslim homes, businesses ablaze

Members of a 1,000-strong Buddhist mob torched dozens of homes and shops in Myanmar following rumours that a Muslim man tried to sexually assault a woman, officials and witnesses said Sunday, as the country was again gripped by sectarian violence.

State TV reported that about 42 houses and 15 shops were burned and destroyed — most belonging to Muslims.

The unrest began last year, when nationalist Buddhists accused a Muslim community of illegally entering the country and encroaching on their land.

THE ASSOCIATED PRESS

Spend more time here . . .

Farmers' Almanac.
Summer's ending, time to start fretting about winter

The Farmers' Almanac is using words like "piercing cold," "bitterly cold" and "biting cold" to describe the upcoming winter in the U.S. And if its predictions are right, the first outdoor Super Bowl in years will be a messy "Storm Bowl."

The 197-year-old publication that hits newsstands Monday predicts a winter storm will hit the Northeast around the time the Super Bowl is played at MetLife Stadium in the Meadowlands in New Jersey.

It also predicts a colder-than-normal winter for two-thirds of the country and heavy snowfall in the Midwest, Great Lakes and New England. THE ASSOCIATED PRESS

197 years and counting

Based on planetary positions, sunspots and lunar cycles, the almanac's secret formula is largely unchanged since the first almanac in 1818.

- Modern scientists don't put much stock in sunspots or tidal action, but the almanac says its forecasts are correct about 80 per cent of the time.

Super Bowl fans may need a shirt, and a parka, next year if it's as "bitterly cold" outside in New Jersey as The Farmers' Almanac predicts. GETTY IMAGES FILE

'King of All Jewish baseball' pitches sport to Israelis

Nate Fish. The former minor-league player tries to get youngsters in Israel interested in the old ball game

Nate Fish is excited. Things are off to a good start at this "Baseball for Beginners" practice, where 11 young Israeli boys are putting on mitts and pulling baseball caps over knitted yarmulkes.

"All right, now we've got everybody in the dugout like a real team!" he yells. Then he turns around to look at the diamond that his players have helped set up, and his voice drops. "Home plate is backwards, guys," he says.

In sports-mad Israel, where basketball and soccer are hugely popular, baseball is still mostly a curiosity for kids like these. Fish, a former minor leaguer, is trying to change that.

On Aug. 1, he became the first paid full-time national director of the Israel Association of Baseball, which is making a major new push to expand the reach of the sport beyond its base of American expats and their children.

"We have to change the identity of baseball in Israel a little bit," Fish said. "We have to make it cool and we have to make it exciting and athletic."

Fish, a youthful 33-year-old third baseman from Shaker Heights, Ohio, fits the part. In his blog, part travelogue and part absurdist comedy, he styles himself the "King of All Jewish Baseball." THE ASSOCIATED PRESS

Doth protest too much?

"The misconception is that baseball is slow and that baseball is boring. Baseball is fast."

Nate Fish, defending the sport, which has a reputation for being slow-paced.

Baseball coach Nate Fish instructs an Israeli child during a "Baseball for Beginners" practice in Hashmonaim, West Bank, earlier this month. In sports-mad Israel, where basketball and soccer are hugely popular, baseball is still mostly a curiosity for children. MAX J. ROSENTHAL/THE ASSOCIATED PRESS

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Syria OKs chemical attack investigation

UN probe. Several countries urge military action if strike alleged to have killed more than 300 is verified

Syria agreed Sunday to a UN investigation into last week's alleged chemical weapons attack outside Damascus — a deal a senior White House official dismissed as "too late to be credible," saying the United States has "very little doubt" President Bashar Assad's forces used such weapons.

The hardening of the U.S. position came as calls for military action grow. In a sign the U.S. may be a step closer to an armed response, naval forces have already been dispatched toward Syria's coastal waters, although President Barack Obama has cautioned against a hasty decision.

With France, Britain, Israel and some U.S. congressmen urging swift military action against Assad's regime if the use of chemical agents is confirmed, the UN team's conclusions could have a dramatic impact on the trajectory of the country's civil war.

The agreement struck in Damascus calls for UN experts already in the country to begin an investigation Monday into the suspected chemical attack on rebel-held areas in the capital's eastern suburbs.

Anti-government activists and Doctors Without Borders say that more than 300 people were killed in an artillery barrage by regime forces Wednesday that included the use of toxic gas. The government calls the allegations "absolutely baseless."

THE ASSOCIATED PRESS

Applying pressure

Baird, Harper share outrage with leaders

John Baird
THE CANADIAN PRESS

Foreign Affairs Minister John Baird and other western leaders applied more pressure on Syria on Sunday, with a call for Syrian authorities to allow the United Nations access to the site of last week's alleged chemical attack.

Officials in Baird's office said he had separate phone conversations on Sunday with U.S. Secretary of State John Kerry and Foreign Minister of the French Republic Laurent Fabius. He spoke with British Foreign Secretary William Hague on Friday.

The ministers "shared their outrage" about recent events in Syria, especially the purported use of chemical weapons, said a foreign affairs official in an email.

Prime Minister Stephen Harper also was pulling the diplomatic levers over the weekend, discussing the situation in Syria by phone in separate conversations with British Prime Minister David Cameron and French President Francois Hollande.

THE CANADIAN PRESS

Saudi Arabia

Another dies of SARS-like illness

Saudi Arabia says one more man has died from a new respiratory virus related to SARS, bringing to 40 the number of deadly cases in the kingdom at the centre of the growing outbreak.

The Saudi Health Ministry said Sunday the 51-year-old man who died in Riyadh was also suffering from cancer and other chronic diseases.

THE ASSOCIATED PRESS

Iraq

Attacks kill at least 46 people

Insurgents bent on destabilizing Iraq killed at least 46 people in numerous attacks scattered around the country on Sunday, striking targets as varied as a coffee shop, a wedding party convoy and a carload of off-duty soldiers.

The attacks are part of a months-long wave of killing that is the country's worst spate of bloodshed since 2008, calling into question the security forces' ability to protect the country.

THE ASSOCIATED PRESS

Indian Bollywood actress Sonam Kapoor, right, holds a banner as she participates in a protest against the gang rape of a photojournalist in Mumbai, Sunday. Under intense pressure, police have acted quickly to hunt down the five suspects in the case. RAFIQ MAQBOOL/THE ASSOCIATED PRESS

Last arrests made in gang rape

Police on Sunday arrested the last of five men wanted in the gang rape of a photojournalist in Mumbai, and said charges would be filed soon in a case that has incensed the public and fuelled debate over whether women can be safe in India.

The victim, a 22-year-old Indian woman, said she was anxious to return to work after Thursday night's assault, in which five men repeatedly raped her while her male colleague was beaten and tied up in an abandoned textile mill in the country's financial capital.

"Rape is not the end of life," the woman told the Times of India. A statement from Jaslok Hospital, where she has been since the attack, said her condition was being monitored but that she was "much better" and was being visited by family. Indian law forbids identifying rape victims by name.

Police arrested the fifth suspect Sunday in New Delhi, the capital, after rounding up the other four in Mumbai.

"We will file a comprehensive charge sheet soon," said Mumbai's police commissioner, Satyapal Singh, assuring that police had the evidence to prosecute the suspects, including the victim's testimony and medical samples taken at the hospital after the assault.

THE ASSOCIATED PRESS

. . . and less time here.

Hundreds detained for violating holy-site ban

Ways of the pilgrims. Site has been source of deadly clashes between Muslims and Hindus

A Hindu holy man gestures as he talks to an Indian security officer deployed near a Hindu temple in Ayodhya, India, Sunday.

RAJESH KUMAR/THE ASSOCIATED PRESS

Authorities on Sunday detained hundreds of Hindu nationalists in northern India for defying a ban on pilgrimages to a disputed holy site that has been the cause of deadly clashes between Hindus and Muslims.

The city of Ayodhya, 550 kilometres east of New Delhi, has been under heavy security since last week, when the Uttar Pradesh state government announced a ban on the pilgrimages for fear of communal violence. Most shops are closed and people are staying indoors.

Members of the nationalist organization Vishva Hindu Parishad insisted they would go ahead with the 19-day pilgrimage, saying it was justified as a religious event, not a political one.

One of the group's leaders, Ashok Singhal, who was arrested as he arrived at the airport in Lucknow from New Delhi, said the pilgrimage could not be stopped and urged the state government to lift the ban, according to Press Trust of India.

Muslims revere the site as the former location of the 16th century Babri Mosque, while Hindus say it is the birthplace of their god Rama and that a temple to him stood on the site before the mosque was built.

Today a small tented shrine to Rama stands on the site, after tens of thousands of Hindu extremists in 1992 ripped apart the mosque with spades, crowbars and their bare hands as security forces watched. The demolition sparked nationwide riots that killed 2,000 people. THE ASSOCIATED PRESS

To Russia, with the right to love equally

More than 2,000 gay rights supporters protested at Museum Square in Amsterdam, waving rainbow flags and chanting slogans criticizing the Russian government's homosexuality policies on Sunday. The protest was organized in response to a concert featuring a Russian state orchestra and choir to be held on the same place later in the evening. Speakers at the protest, titled To Russia With Love, included Amsterdam Mayor Eberhard van der Laan, who spoke of the city's longstanding tolerance for gay rights. Van der Laan declined to meet with Russian President Vladimir Putin when he visited the Netherlands in March. MARGRIET FABER/THE ASSOCIATED PRESS

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Wildfire continues to tear through Yosemite

A firefighter watches for spot fires during a burnout operation while battling the Rim Fire near Yosemite National Park, Calif., on Sunday. Fire crews are clearing brush and setting sprinklers to protect two groves of giant sequoias as a massive week-old wildfire rages along the remote northwest edge of Yosemite National Park. JAE C. HONG/THE ASSOCIATED PRESS

Bomb kills 3 aboard bus in Yemen

Military on board. Explosion injures 23 people riding minibus on which bomb was likely hidden

A bomb likely hidden on a bus carrying high-ranking Yemeni air-force personnel exploded Sunday in the capital, killing three people in a country fighting an al-Qaida affiliate, officials said.

The explosion in Sanaa came as al-Qaida's Yemen branch posted a new video message saying killings in Muslim nations only act as a "stimulus" to draw more into fighting as militants.

The bombing wounded 23 people riding in the minibus, including five in critical condition with amputated arms or legs, said Col. Mahdi al-Aidarous, an air-force spokesman.

The colonel said the bus was heading to air-force headquarters when the blast went off. The official SABA news agency later quoted an air-force statement as saying that the explosive was stuck under the bus.

No group immediately claimed responsibility for the attack, but Yemen's government is battling militants linked to al-Qaida who regularly target the country's military.

Al-Qaida in Arabian Peninsula, which is based in Yemen, recently posted a video message online delivered by a man identified as Sheikh Harith al-Nadhari. In it, al-Nadhari talks about suspected U.S. drone strikes in Yemen and the recent killing of militants in Egypt in an Israeli drone stroke.

Al-Nadhari slammed America's actions in Yemen. "Suspicion is enough a justification for America to kill whomever she wishes among the Muslims. She is exempted from questioning. Let Muslims be killed, then be said: Suspected of association," he said.

A terror alert this month was followed by almost daily drone strikes in Yemen that killed at least 38 people.

THE ASSOCIATED PRESS

The injured

Among those wounded are 13 majors, lieutenant-colonels and colonels, the Defence Ministry said.

East Jerusalem. Israel plans 1,500 settlements

Jerusalem pushed forward Sunday with plans to construct 1,500 apartments in east Jerusalem in a move that could undermine recently renewed Israeli-Palestinian peace talks.

City spokeswoman Brachie Sprung said city officials had approved plans to lay down infrastructure for the project. She called the move a "standard and bureaucratic process" and said final approval was still required. Actual construction is still years away, she said.

Still, the move comes just after Israelis and Palestinians resumed talks after a five-year stalemate. Israeli settlement construction in the West Bank and east Jerusalem is one of the thornier issues separating the two sides.

The city is pushing development in the neighbourhood of Ramat Shlomo, a project that has also raised tensions with the U.S.

Israel first announced the plans in 2010 during U.S. Vice-President Joe Biden's visit to Israel, sparking a diplomatic rift with Washington that took months to mend.

Israel annexed east Jerusalem following its 1967 war with its Arab neighbours and claims the area as an inseparable part of its capital. The Palestinians also claim east Jerusalem as the capital of their hoped-for state.

While Israelis consider east Jerusalem enclaves neighbourhoods like others in the city, the international community doesn't recognize Israel's annexation of the area and rejects the areas as illegal or illegitimate settlements.

THE ASSOCIATED PRESS

An Israeli woman looks at a construction site during a ceremony marking the resumption of the construction of housing units in an east Jerusalem neighbourhood, earlier this month. SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

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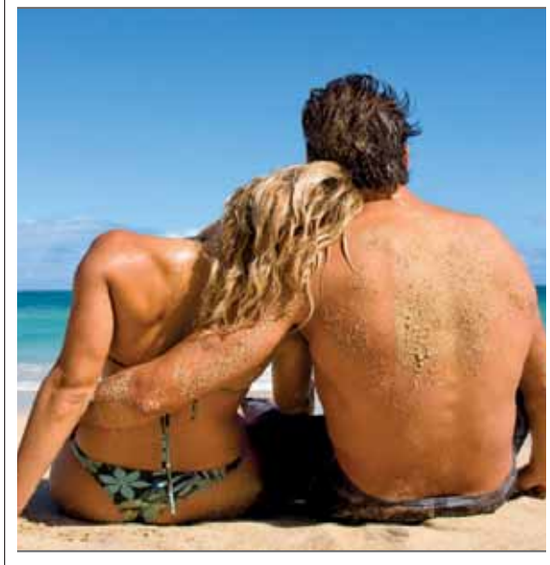

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Congolese soldiers and UN forces battle M23 rebels for fifth day

Heavy casualties.
59 wounded brought into military hospital Sunday, bringing total wounded there to 720

Angry residents take to the streets Saturday to protest recent violence including mortar attacks that have struck homes and churches near Goma, Congo, killing at least seven civilians and wounding dozens of others in the eastern region near the border of Rwanda. JOSEPH KAY/THE ASSOCIATED PRESS

Congolese soldiers and rebel forces suffered heavy casualties Sunday as they fought for a fifth day near the city of Goma in the country's volatile east, a doctor near the front line said.

Dr. Isaac Warwanamiza said he had seen 82 dead since early Sunday, 23 of whom were government soldiers, the highest death toll reported since hostilities broke out last week.

The front line is only 15 kilometres north of Goma. Congolese and UN troops have been battling to dislodge rebels from heights overlooking the city since Wednesday. Observers estimate that Congolese forces have yet to achieve their immediate objective — cutting off M23 from a border crossing where the rebel group is believed to get supplies from neighbouring Rwanda.

On Saturday, scores of Goma residents took to the streets in anger over rocket and mortar attacks that have left seven civilians dead. Two other residents were killed during the demonstration. THE ASSOCIATED PRESS

UN troops

New brigade fires on rebels for first time

The new UN intervention brigade — created in March with a mandate to protect civilians — fired for the first time on rebel positions on Thursday.

"We are using artillery, indirect fire with mortars and … we have troops in the front line," said the UN force commander.

However, there has been widespread skepticism in Congo that the brigade will be a game-changing addition to the existing UN force, which stood by when M23 fighters captured Goma last year. THE ASSOCIATED PRESS

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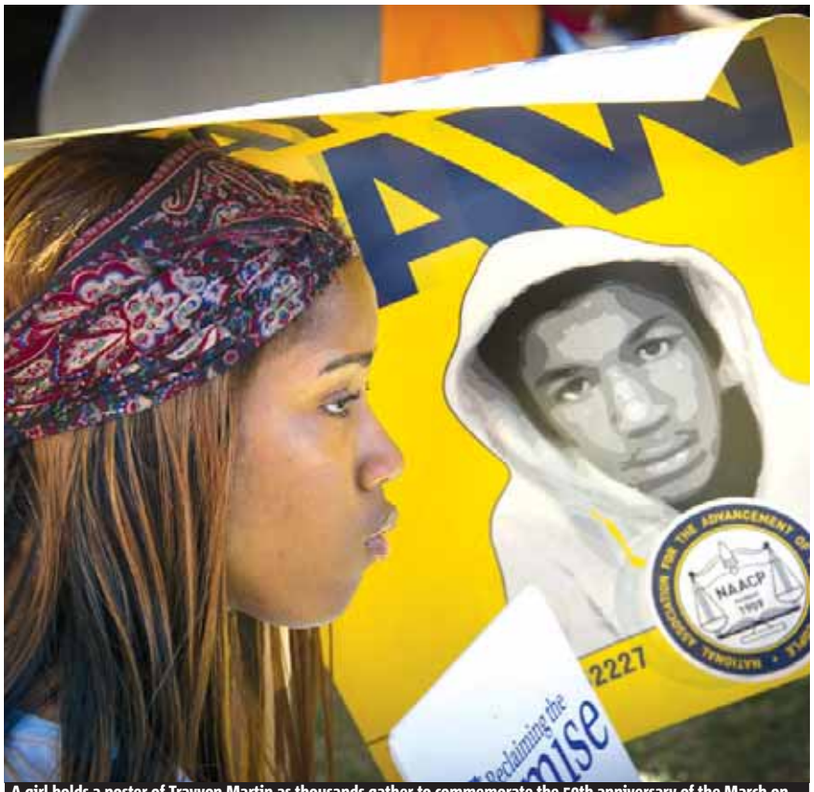

A girl holds a poster of Trayvon Martin as thousands gather to commemorate the 50th anniversary of the March on Washington and Dr. Martin Luther King, Jr.'s "I have a Dream" speech on Saturday near the Lincoln Memorial in Washington, D.C. MLADEN ANTONOV/AFP/GETTY IMAGES

Powell: Trayvon Martin verdict 'questionable'

MLK anniversary. U.S. politician talks about race in America 50 years after 'I have a Dream'

Former Secretary of State Colin Powell called the jury verdict that cleared the killer of Florida teenager Trayvon Martin "questionable" and urged President Barack Obama to speak more on issues of race during an interview that aired Sunday.

The first black chairman of the Joint Chiefs of Staff said the Martin verdict soon would be forgotten but said Obama — and all presidents — have a responsibility to discuss the nation's history of racial injustice. Powell spoke as Washington marked the 50th anniversary of Martin Luther King Jr.'s march that included the iconic "I Have a Dream" speech.

"If Dr. King was here, I'm quite sure he would say, 'Congratulations on all the progress that's been made, but let's keep going. The dream is not fully achieved yet,'" said Powell.

Asked about the Martin killing, Powell questioned its impact on the civil-rights discourse. A Florida jury found George Zimmerman acted in self-defence and acquitted him during a criminal trial.

"I think that it will be seen as a questionable judgment on the part of the judicial system down there, but I don't know if it will have staying power," Powell said. "These cases come along and they blaze across the midnight sky and then after a period of time, they're forgotten."

That doesn't mean Obama should keep silent, though, Powell said.

THE ASSOCIATED PRESS

Tackling race

"For the president to speak out on it is appropriate. I think all leaders, black and white, should speak out on this issue."

Former Secretary of State Colin Powell, who says Barack Obama, who the Republican endorsed in 2008 and 2012, should talk about race issues

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A visitor holds a postcard of German Chancellor Angela Merkel before asking for her autograph during an annual open-house day at the Chancellery Sunday in Berlin. The popular politician's government is being criticized for talking to Washington about a deal that would eliminate regulatory trade barriers between the EU and U.S. SEAN GALLUP/GETTY IMAGES

Merkel's rival wants trade talks halted over NSA scandal

Surveillance. Social Democrat leader hopes to stop U.S. negotiations until America says if it's wiretapping German government offices

German Chancellor Angela Merkel's election challenger says he would suspend negotiations with the U.S. over a trans-Atlantic free trade agreement until Washington clarifies details about National Security Agency surveillance programs.

Social Democratic leader Peer Steinbrueck, who is running for chancellor Sept. 22, said Sunday on ARD public TV that "I would interrupt the negotiations until the Americans say if German government offices and European institutions are bugged or wiretapped."

He criticized Merkel's government for talking to Washington about a deal that would eliminate regulatory trade barriers between the EU and U.S., while at the same time "we don't know if the Americans may be sitting under our desks with some technical devices."

Germany's independent privacy watchdogs say the surveillance programs breach an EU-U.S. pact meant to ensure cross-border data protection. THE ASSOCIATED PRESS

New spying revelations

- The German magazine Der Spiegel says the U.S. National Security Agency secretly monitored the United Nations' internal video conferencing system by decrypting it last year.
- The weekly said Sunday that documents it obtained from American leaker Edward Snowden show the NSA decoded the system at the UN's headquarters in New York last summer.
- Quoting leaked NSA documents, the article said the decryption "dramatically increased the data from video phone conferences and the ability to decode the data traffic."
- In three weeks, Der Spiegel said, the NSA increased the number of decrypted communications at the UN from 12 to 458.
- Snowden's leaks have exposed details of the United States' global surveillance apparatus, sparking an international debate over the limits of American spying.

NB: Always check under desk for sitting Americans

"(We) don't know if the Americans may be sitting under our desks with some technical devices."

Germany's Social Democratic leader Peer Steinbrueck

Oil

B.C. worries spill would overwhelm response efforts

Officials in British Columbia privately warned the province lacks the ability to manage oil spills from existing and future oil traffic, and even a moderate spill would overwhelm their ability to respond, documents show.

The notes were written by B.C. environment ministry bureaucrats for the incoming minister's briefing book in June. THE CANADIAN PRESS

Education

N.Y. sues over Trump University

New York's attorney general has sued Donald Trump for $40 million US, saying the real estate mogul helped run a phoney Trump University that promised to make students rich but instead steered them into expensive and mostly useless seminars, and even failed to deliver promised apprenticeships. Trump shot back that the Democrat's lawsuit is false and politically motivated. THE ASSOCIATED PRESS

Housing

Canadian firm to build 10,000 homes in Jamaica

A Canadian firm has signed a four-year agreement with Jamaica's government to build 10,000 homes. The island's housing ministry says Commonwealth Corporate Support Services will launch the $705-million project this year. The project aims to provide housing for Jamaica's middle class. THE CANADIAN PRESS

Doping

U.K. paper settles with Armstrong

British newspaper The Sunday Times has reached a settlement with Lance Armstrong after suing the cyclist to recover damages from a libel settlement. The paper paid Armstrong 300,000 pounds (now about $490,000) in 2006 to settle a case after printing claims that he took performance-enhancing drugs. THE ASSOCIATED PRESS

Publishing. More Salinger books planned, new bio says

The authors of a new J.D. Salinger biography are claiming they have cracked one of publishing's greatest mysteries — what The Catcher in the Rye novelist was working on during the last half century of his life.

Starting sometime between 2015 and 2020, a series of posthumous Salinger releases are planned, according to co-authors David Shields and Shane Salerno, whose biography, called Salinger, will be published Sept. 3. The Associated Press obtained an early copy. Salerno's documentary on the author is scheduled to come out Sept. 6.

Providing by far the most detailed report of previously unreleased material, the book's authors cite "two independent and separate sources" who they say have "documented and verified" the information.

The Salinger books would revisit Catcher protagonist Holden Caulfield and draw on Salinger's Second World War years and his immersion in Eastern religion. The material also would feature new stories about the Glass family of Franny and Zooey and other Salinger works.

The biography does not identify a prospective publisher. Spokesman Terry Adams of Little, Brown and Company, which released Catcher and Salinger's three other books, did not immediately respond to requests for comment. Salinger's son, Matt Salinger, who helps run the author's literary estate, was not immediately available for comment.

No Salinger book came out after the early 1960s, as the author increasingly withdrew from public life. Over the past 50 years, there has been endless and conflicting speculation over what Salinger had been doing during his self-imposed retirement. THE ASSOCIATED PRESS

J.D. Salinger at home in Cornish, N.H., with Emily Maxwell, his editor at The New Yorker. THE STORY FACTORY/THE ASSOCIATED PRESS FILE

Wallin watch. Energy firm settles class-action lawsuit

A U.S. court has approved a multimillion-dollar settlement in a securities fraud class-action lawsuit against a bankrupt energy exploration company for which embattled Sen. Pamela Wallin was a director.

Between June 2007 and December 2011, Wallin was a paid member of the board of Oilsands Quest Inc., a Calgary-based exploration company. As a director, the Saskatchewan senator was named in the lawsuit along with fellow board members, TD Securities and Calgary consulting firm McDaniel and Associates.

The lawsuit, filed by investors in United States District Court in New York in 2011, alleged that Oilsands Quest and its directors overstated the value of the company's assets by $136 million.

Oilsands Quest has not admitted any wrongdoing and has denied all allegations. The firm decided it would be "desirable and beneficial" to settle because litigation could have dragged on. THE CANADIAN PRESS

Sen. Pamela Wallin was on the board of directors of Oilsands Quest Inc., a now-bankrupt energy exploration company. THE CANADIAN PRESS FILE

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WILL SOMEONE BRAVE STEP FORWARD?

Krause Encounters

Darren Krause
darren.krause@metronews.ca

Something about the municipal election this year vexes me.

While titanic aldermanic battles appear to be shaping up in wards 1, 4, 7 and 11, there's one race that will be a colossal failure. The competition for mayor of Calgary.

Mayor Naheed Nenshi will essentially get a free ride into the mayor's chair for a second four-year term with nary a peep from the populace.

Sadly, this city has a history of lacklustre mayoral races, especially with incumbents involved. Going back to 1949, Donald Mackay won his initial bid for mayor with 33 per cent of the vote, then went on to score victory margins of 85, 71, 86 per cent respectively in 1951, 1953, and 1955.

Rod Sykes was typically well opposed in the late '60s and early '70s, but then a string of mayors — Ralph Klein, Al Duerr and Dave Bronconnier tallied massive victories over opponents in second, third and even fourth-term races. Thankfully, there hasn't been an acclamation (that I can see) since 1943, when Andrew Davison won unopposed.

So why should we expect any real opposition this time around?

This is a city of 1.15 million people. Surely one credible soul could step forward, if for no other reason than to hold Mayor Nenshi to account for his first-term record; if for no other reason than to show the country and the world that in a progressive 21st-century city like Calgary, there's more than one voice. That's what makes this city great.

Yes, Mayor Nenshi is still riding a wave of popularity for doing what any mayor should during a time of crisis — showing leadership. He's endeared himself to the mass of social-media-ites who carry him like a conquering hero, tweet-by-tweet, only to swallow you whole if you dare levy criticism again him. He's tough to beat.

Further, a campaign to topple this mayor would likely cost a minimum of $500,000 — more likely a million. Only Alnoor Kassam has spent that kind of money on a losing bet, when he did so against Bronconnier in 2007.

In 2010, a hardly known Mount Royal University professor named Naheed Nenshi was elected with less than 40 per cent of the vote. Had Ric McIver and Barb Higgins not split the rest, Calgary could well have had a different mayor. But hindsight is 20/20, and that's the way elections work.

We still have until nomination day (Sept. 23) to hold out hope that someone of calibre will step forward to challenge Mayor Nenshi.

Sound democracies present viable opposition, especially for primary leadership positions. I can accept the odd school trustee or alderman getting a free ride in a municipal election, just not mayor. Something about this doesn't seem right. It vexes me.

Disclosure: I can't run — I reside in Okotoks, I have no fundraising and I have 1/27th of Nenshi's Twitter followership.

Follow Darren Krause on Twitter @Metro_DK

ZOOM

On paper, they're famous stars

COURTESY GILES OLDERSHAW

Showbiz icons cut out of cardboard

An artist in Oxford, England, has turned discarded cardboard into portraits of iconic Hollywood stars. Giles Oldershaw, 59, stripped and added layers of the stiff paper packaging to highlight each personality's facial features. Those portrayed include, clockwise from top left: Audrey Hepburn, Marlon Brando, Marilyn Monroe and Alfred Hitchcock. METRO

Q and A

One man's trash

GILES OLDERSHAW
Artist, 59, from Oxford, England

What's your technique?
With one eye on a photograph of the star, I use a scalpel and a pair of tweezers to remove layers of cardboard to create defining features.

Where did your love for cardboard come from?
I grew up in the outback of Australia, my family was very poor and I didn't have many toys. Instead, I got used to using found objects from the local dump.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

I spent a big chunk of this weekend travelling, which means I also spent a big chunk of it whiling away the hours on iOS games. These are the games I was playing:

Plants vs. Zombies 2:

The wildly anticipated sequel to Popcap's wildly successful flora-versus-the-undead epic is finally out. Plant aggressively defensive plants with varying abilities in front of your house to keep it safe from the invading zombie horde. The choice to go freemium was controversial, and I'm on the anti-side. The in-app purchasing is handled fairly well, but I would have been happier to pay a few dollars for the full game. (iOS/Free)

Clash of Clans:

Another addictive free-to-play time-suck, Clash of Clans is a little older but new to me. Build a village containing all the buildings and supplies your average tribe of fearsome warriors may need. Hone your battle skills with skirmishes against the game's AI armies to prepare for the first invasion from a real-life player. It's all huge fun. (iOS/Free)

Fetch:

A heart-melting, point-and-click adventure starring a boy and his dog — or a boy and a search for his dog, rather. Aimed squarely at younger gamers, the storybook presentation and colourful cast of characters will hook anybody who doesn't have a heart of stone. (iPad/$4.99)

Twitter

#VMAs #timeless

@VictoriaJustice: So excited for the VMA's... heard there might be an @NSYNC reunion :O Anyone else watching? #VMA

@troyesivan: Waking up extra early today to watch the #VMAs live, because time zones are a thing

@maggiewrobel: N Sync reunion pending, I would also accept JT performing 'Justified' in its entirety

@SoVeryAwkward: That awkward moment when you're irrationally excited for the #NSYNC reunion tonight. #VMAs

@mikesbloggity: Wake me when there's a Moffatts reunion. #VMAs

@jennxpenn: So proud of my friends @jccaylen @alexalosey & @LOHANTHONY at the VMAs. Such a cool experience, hopefully one year I can go too! #VMAs

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Stay-at-home socialites

Slice's newest clique under the microscope is a group of six well-off ladies living with their parents on Long Island. But the young women of Princesses: Long Island want you to know that beneath the expensive bags and the Jimmy Choos are six girls just trying to make it in the world. Here's a look at each of them. Princesses: Long Island premieres Monday. **METRO**

Chanel (Coco) Omari, 28

Chanel grew up in a modern Orthodox Jewish family and dreams of one day becoming a talk show host.

On moving back home: "We went through what everybody went through with the economic crisis. We all lived in the city at some point; we all tried to manage, and we couldn't, so we had to move back home. It doesn't mean that we're all not trying to find our independence."

Casey Cohen, 28

The leggy blond is probably the least Long Island of the bunch — she spends her days working up a sweat at SoulCycle and lounging at the SoHo house rooftop. At night, she waitresses at trendy Meatpacking spot 1 Oak.

On relying on her girlfriends "Every girl wants to be a princess. I want to find that prince, but I haven't, so we have each other to go through that process."

Ashlee White, 30

Though she loves living at home with her best friends (her parents), Ashlee looks forward to the day that she can be a stay-at-home mom and treat her husband like royalty. Fun fact: Her parents have a pool in the shape of an Absolut bottle.

This ain't no Jersey Shore: "Right now everyone is getting to know our names, and I can't wait for them to really know our stories, because we're so relatable, and once they hear our stories, the stereotypes — I feel like — will just disappear."

METRO IS TUNED IN TO THE NEW TV SEASON ALL THIS WEEK. PICK US UP DAILY OR VISIT METRONEWS.CA

Erica Gimbel, 29

Erica loves singing, dancing, hitting the beach and spoiling her two Cavalier King Charles spaniels.

Mall day or beach day? "Roosevelt Field stresses me out. Me and Amanda can be seen on the beach with SPF maybe four or eight with sunshields."

On being a Princess: "We're all very comfortable in our own skin, and we're all confident and unapologetic on who we are."

Amanda Bertoncini, 27

Amanda lives with her mom and runs her company, The Drink Hanky, which makes beverage sleeves to keep drinks warm and cool. She met her main squeeze, Jeff, on the Long Island Railroad.

Where to find her this summer: "I love Long Beach."

No horse-drawn carriage for her: "This princess rides the subway. I just have no patience. I just want to get there. When I drive in the city, I just want to, like, run over someone. Not literally."

Joey Lauren, 30

Joey moved out of the city and back with mom and dad after getting her heart broken. She's currently working on growing her business, Kissamint LLC, which packages lip gloss and breath fresheners together in one unit.

Where to find her on a summer day: Field 4 at Jones Beach

On potential suitors from outside Nassau County: "If I was trying to find love that wouldn't matter to me."

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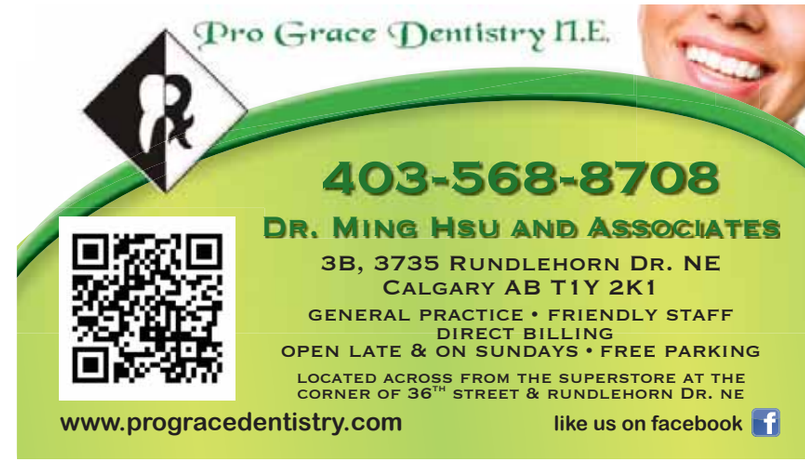
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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Harry Styles. ALL PHOTOS GETTY IMAGES

Bring on Mean: The Sequel, Styles ain't scared

Harry Styles knew what he was signing up for by dating Taylor Swift — and he's ready for the songs she'll likely write about him.

"It would be hypocritical for me to say she couldn't do it because everybody writes songs based on personal experiences," he tells Us Weekly. "I can't say I'd have dated someone less famous to avoid it. At least she's a great songwriter."

The Word

Rich celebrity wants you to know it's not all that great

Robert Pattinson wants everyone to know that fame is not all it's cracked up to be.

"People don't realize how lonely you are," he tells GQ magazine.

"It's strange; you don't have a normal life anymore. You spend much time trying to fight it, but in the end you find another way to live."

And that's not all.

"When you become famous, it's easy for some people to hate you just because you are famous," he adds. "That's why, sometimes, you beat yourself up."

Alec Baldwin

One more added to the Baldwin flock

Alec Baldwin is a father once again. His wife, Hilaria, gave birth to a baby girl this weekend in New York, she confirmed on Twitter.

"We are overjoyed to announce the birth of our daughter Carmen Gabriela," Hilaria wrote. "She is absolutely perfect."

While this is the couple's first child, it's the second for Baldwin, who also shares 17-year-old daughter Ireland with his ex-wife Kim Basinger.

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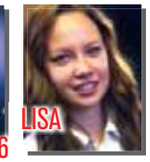
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Book excerpt

Online boss

IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

Basically, there is no better place to be the boss of your kids than in the world of social media. It's a privilege, not a right, for them to be there. Use your common sense and monitor them. Take, for instance, the concept of Facebook creeping. As a parent, this is a valuable management tool when it comes to finding out what your children are doing that they consider being brag-worthy. In other words, things they shouldn't be doing and don't want you to know about.

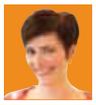
Should you discover any unsavoury material on their page — which could include drinking, damaging public property, tattooing, or, worst of all, dissing their mother — punish them without explaining why. This is a perfect opportunity to pull out the "If you have to ask why, then you truly must think I am stupider than I am." (You may not want to use stupider in this particular context.) Creep their friends too, and tell on them to their parents. They're the boss of their kids too, remember? FROM KATHY BUCKWORTH'S I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS, MCCLELLAND & STEWART, 2013, WHICH HAS BEEN OPTIONED BY WARNER BROTHERS TELEVISION.

Exclusively online

"Why do you keep asking WHY?!" Read Reasons Mommy Drinks, by Lyranda Martin Evans and Fiona Stevenson at metronews.ca/voices. Buy the book, Reasons Mommy Drinks, in bookstores across North America Sept. 10.

Back-to-school kitchen juggle

Michael Smith.
The chef, TV personality, writer, environmentalist and dad shares his tips



THERESA ALBERT
DHN, RNCP
myfriendinfood.com

Chef Michael Smith believes keeping it simple is key to surviving the back to school rush and the kitchen in general. COURTESY THERESA ALBERT

1. Smith's kids love to cook pancakes on the weekend, so they make a whole-grain batter, double it and use it up the next day for waffles. Seasonal fruits and homemade compote make quick, healthy breakfasts.

2. Decide that the kitchen is fun, not work. Don't worry about the cleanup part. Just create a system to make quick work of that too.

3. Serve all meals "family style" on platters to please everyone's palate and hunger level. The leftover components can be transformed into lunches.

4. Cook outside on the grill as long as you can while the weather is good. Grill a bunch of fish fillets, chicken breasts or legs at the same time and toss into salads.

5. Have a fridge shelf designated for fruit and chopped veggies, ready for the after-school rush. Kids are hungry at this time and you have more of a chance to "hit the mark."

6. While you are cooking dinner, put an extra pot on the back burner with veggie ends, peels and bones. This makes a very nourishing soup or broth for rice. Reduce it all the way down after straining and it can become a sauce.

7. Make baby food out of whatever you have on the go. Mash and jar, then freeze.

8. Cook your basics in advance when you have time. Quinoa, wild rice, beef, tomato sauce and the like do very well in the fridge throughout the week.

9. Have a neighbourhood baking rally. Trade off muffins, biscuits, breads and loaves to get everyone in on the process.

All in all, Smith believes removing fear of cooking is key to getting back to basics (which is the name of his new cookbook, by the way ... go figure!) and surviving the back-to-school rush.

Clean-up system

Having a system to make cleanup easier encourages you to get into the kitchen more often. Smith shares these cleanup tips:

- **Dishwasher.** Smith is a big fan of a dishwasher that is clean and dishes that are spotless. He swears by Cascade Platinum because he doesn't have to rinse or hurry, so it saves time and effort.
- **On the go.** According to Smith, the discipline of "cleaning as you go" translates into better cooking. He believes that "every craft benefits from discipline."
- **In a bowl.** Use a garbage bowl for compost and dishes for all ingredients. It is more efficient and safer to stick dishes in the dishwasher than it is to clean the counter.
- **Wipe away.** Wipe baking spills from pans with a moist clean cloth before you bake so sugars don't burn. Small drops make bigger problems.
- **Maximize.** Have a dishwasher system that uses your dishwasher to the max. Stacking well also makes unloading a snap.

Tomatoes, cheese and basil: the perfect trio for couscous

ROSE REISMAN
rosereisman.com

Israeli couscous is a small, round semolina pasta, different from the tiny, yellow North African couscous.

Ingredients

- 1 cup (250 ml) Israeli couscous
- 1 cup (250 ml) diced Roma tomatoes
- 1/4 cup (60 ml) crumbled goat cheese (about 1 oz/30 g)
- 1/2 cup (125 ml) shredded Havarti cheese (1.5 oz)
- 1/3 cup (80 ml) chopped green onions
- 1/3 cup (80 ml) chopped fresh basil or parsley
- 2 tbsp (30 ml) grated Parmesan (or Asiago) cheese (0.5 oz)
- 1 tbsp (15 ml) olive oil
- 1 tsp (5 ml) finely chopped garlic
- pinch of salt and pepper

This recipe serves four. CONTRIBUTED/ ROSE REISMAN

It's often referred to as pearl pasta because of its shape and texture.

Although it is becoming more readily available, you may have to go to a specialty store to purchase it. You can substitute very small pasta.

1. Bring a large pot of salted water to a boil and add the Israeli couscous. Boil for about 8 minutes or just until couscous is tender. Drain well and add to a serving bowl.

2. Add the tomatoes, goat cheese, Havarti, green onions, basil, Parmesan, olive oil, garlic and salt and pepper. Toss well and serve warm.

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What dream careers may come...

Passion before pennies. Leaving a mark means more in this modern day than making millions

MAJA LUNDAGER
Metro World News

Get to thinking about greener pastures. Ask yourself: What excites you? What makes you get up in the morning? Try the potential paths you might want to follow and cross off the ones that didn't work for you. ISTOCK

Finding and pursuing a dream job seems like a big job unto itself — just getting by is overwhelming enough. In their book Build your Dreams: How To Make a Living Doing What You Love, Alexis Irvin and Chip Hiden collected advice from dream-chasing Americans who told them how they made it work and chased their passions.

In 2009 Irvin and Hiden graduated from college and started working, but it didn't take long for the two to realize it wasn't the right choice for them. They quit their jobs, packed up their stuff and drove across America, interviewing successful people who had found work that they were passionate about. Their research turned into a movie called The Dream Share Project, which inspired their book of advice from their long trip.

In the past, work meant earning a salary and dreams were for your spare time. Why is having a dream job so important today?

Chip Hiden: The definition of how we define success, at least in America, is shifting somewhat. Today I think that people are finding that happiness also can drive what you do with the time you give to honest work. You (can) make a lasting contribution. And I think that young people are starting to think more about the legacy they will leave. What type of mark are you going to leave on the earth? We are not just thinking about money.

How much space does hunting for a dream job leave for other things in life?

Alexis Irvin: I think that it requires a lot of work, maybe for a long time, so it depends on where your priorities lie. Maybe there are a few years where you will be really career-focused, but then you can switch to another focus later on.

CH: One thing we have noticed is that people who pursue their dreams, as opposed to just doing a job to earn money, tend to be more happy and passionate. That happiness and passion reflects on other areas of their life, too. We have talked with so many dream chasers that are full-time parents and teachers (who are also) going to school as they pursue their dreams and I really don't think this whole myth that chasing your dream will consume your whole life is true.

Let's try one "what if'— question. What if you reach your limit before the goal?

CH: One thing that we found is that it's not necessarily obtaining whatever the goal is (that matters). It's more the journey along the way that is the really rewarding and exciting part. In our case we made the film, which was super exciting, and then we were like, 'OK. Now let's try to write a book.' Try to enjoy the journey and take some time to look around and realize that you are pursuing something you care about.

I'm uncertain about Junior's ensemble...

Clothed in concern. How to convey that less dress doesn't always impress

Before her daughter leaves the house, Elena Grant has established a rule to help ensure her teen's ensemble isn't too revealing.

"She's got to lift up her arms, and if her shirt comes up above her belly, she's got to put a cami(sole) on or tank top."

As owner of online tween clothing boutique Sofiabella.ca — which also operates a retail store in North Vancouver —Grant makes a concerted effort to carry age-appropriate clothes and to offer alternatives to more suggestive or grown-up offerings targeted to the younger demographic.

"It has to be on trend. The girls want to be in style," said Grant, mother to 15-year-old daughter Sofia and sons Josh and Ben.

The smart way to style

Jennifer Kolari, a family therapist in Toronto, acknowledges that once youngsters reach their later teen years, parents can't engage in battles over clothing in the same manner as they did when children were younger.

- This is why it's important to engage in a dialogue with kids early on about the symbolism of clothing and the image or look they want to portray through their dress, she noted.

"So what the challenge is is in finding pieces that have the look of what's current but that's cut appropriately for their bodies and nothing that's going to be too sophisticated or too sexy."

While the '80s, off-the-shoulder look is in vogue, Grant said she aims to stay away from such selections as much as possible. Instead, she'll try to find styles that don't completely bare the shoulder and encourage girls to wear tank tops with wider straps underneath to "get a bit of the look without going overboard."

Grant said she has engaged in a lot of open communication with Sofia on the subject of fashion choices and stressed the importance of "what you say to the world by what you wear."

"Even though you think the pair of cute little cutoff jean shorts are trendy and in style and comfortable, what are you saying to the world when half your butt is showing or your bra strap is showing or your belly is showing?

"Right or wrong, people make a judgement on what you are based on what you wear, especially (after) a first impression. Now that she's older, she understands it a lot more."

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From scary to sanctuary. Love where you learn, and you'll turn out fine

Michael Reist, author of What Every Parent Should Know About School, argues that the ways in which students of today are taught must be carefully rethought. GALIT RODAN / THE CANADIAN PRESS

He has retired after three decades in the classroom, but concerns for current and future generations of students remain front of mind for Michael Reist — particularly youngsters who may feel ill at ease within the school environment.

"School should be a happy place that kids like to go to. That's my dream. And I saw too many kids that hated it and for whom it was even damaging, and an incredible loss of human potential in kids who had so much to offer," recalled the longtime teacher who lives in Caledon East, Ont.

"But because of the way the school system works, they were made to feel stupid. They were made to feel excluded. Their self-esteem was damaged. And I want to talk about that. I want to open up a conversation and I want to get parents involved."

In his new book, What Every Parent Should Know About School (Dundurn), Reist looks at the physical, emotional and social environments within schools and the students and educators who comprise the system.

While his book is geared toward parents, Reist also encourages discussion among teachers and administrators to examine strengths and weaknesses within the current system. The father of four also stressed the need to listen to kids and to observe how they demonstrate their feelings about school in words and actions — all an effort to create more effective strategies to help them thrive.

THE CANADIAN PRESS

Males on the move

Reist has spoken frequently to parent groups and education conferences across Canada with workshops centred on gender differences and learning.

- In the book, he writes that one reason boys fall behind in school is because they favour spatial activities that are enticing to the male brain — a contrast from the largely logical, linear and verbal functioning of the school environment which is generally more comfortable for the female brain. While literacy in boys should be encouraged, "we must also find ways of tapping into their natural love of movement."

Before that bell rings, let's discuss a few things

Let's talk about stress, baby! Maintaining an open dialogue with your young student about their back-to-school concerns will ease a tough transition

Practising the walk to school or shopping for new clothes and school supplies can help kids become more comfortable with what is to come. DARRYL DYCK / THE CANADIAN PRESS

Back-to-school time can be back-to-stress time for kids of all ages. But experts say there are ways to help them cope with the anxiety that can be triggered by the return to the structured environment of the classroom.

Preparing kids for what is coming up, getting them back into a regular sleep routine, reconnecting them with school friends they may not have seen over the summer — these and other techniques will help with the readjustment, according to these experts.

But the most important approach may be just to talk with and listen to children, adolescents and teens about what worries them when they think about the resumption of classes, says David Wolfe, a psychologist and senior scientist at Toronto's Centre for Addiction and Mental Health.

"And to say, 'I understand it's tough to go back to school. The more you talk about it, the more you tell me what's going on, the more I can at least listen and help you if I think I can,'" says Wolfe, who works with children and teens.

It's entirely normal to feel a degree of stress associated with the start of school, experts say.

Young children who are going to school for the first time can be fearful about facing the unknown and worried about being separated during the day from a parent or a trusted caregiver.

Older children who've already been in school may dread the return to a regimented world where they have to buckle down to work. "There's nothing abnormal about going from a low responsibility situation in the summer to a higher one and feeling anxious about it," Wolfe says.

Teens may be worried about fitting in at a time of life when fitting in can be all-important, but tough to do.

"You're under more stress as you go into middle school in particular. More stress because of all of the rapid changes in your development and expectations and sexual stress and so forth," Wolfe says.

It ain't weird to worry

"There's nothing abnormal about going from a low responsibility situation in the summer to a higher one and feeling anxious about it."

David Wolfe
Psychologist and senior scientist, Toronto's Centre for Addiction and Mental Health

"You start looking at the world in black and white again. 'I better do this and not that in order to be accepted. ... I've got to make sure that I'm not picked out as being different.' So it's very stressful."

He notes that some anxiety is a good thing; it's part of the intrinsic human wiring, designed to help us survive real threats. "It's a way of negotiating the world, staying away from certain dangerous objects and that (sort of thing)."

But too much anxiety can be debilitating and a sign something else is at play. A young child may be experiencing separation anxiety — over the loss of constant access to a parent — that makes it hard for him or her to adapt to school. Or a child who is returning to school may have been bullied in the past and may be fearful about having to face a tormentor again.

"It's always good to ask those questions or just ask, 'Is there anything else you worry about?'" Wolfe says.

The Psychology Foundation of Canada suggests starting to prep kids for school at least a week before classes resume.

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MLB

Towering homer sends Tigers to win

Miguel Cabrera hit a mammoth homer, Rick Porcello enjoyed a happy homecoming and the Detroit Tigers polished off a three-game sweep of the Mets with an 11-3 victory on Sunday in New York.

The AL Central-leading Tigers improved to 12-5 in interleague play and have won 34 of 49 overall, the best mark in the AL since July 2. THE ASSOCIATED PRESS

Golf

Scott good enough to grab Barclays championship

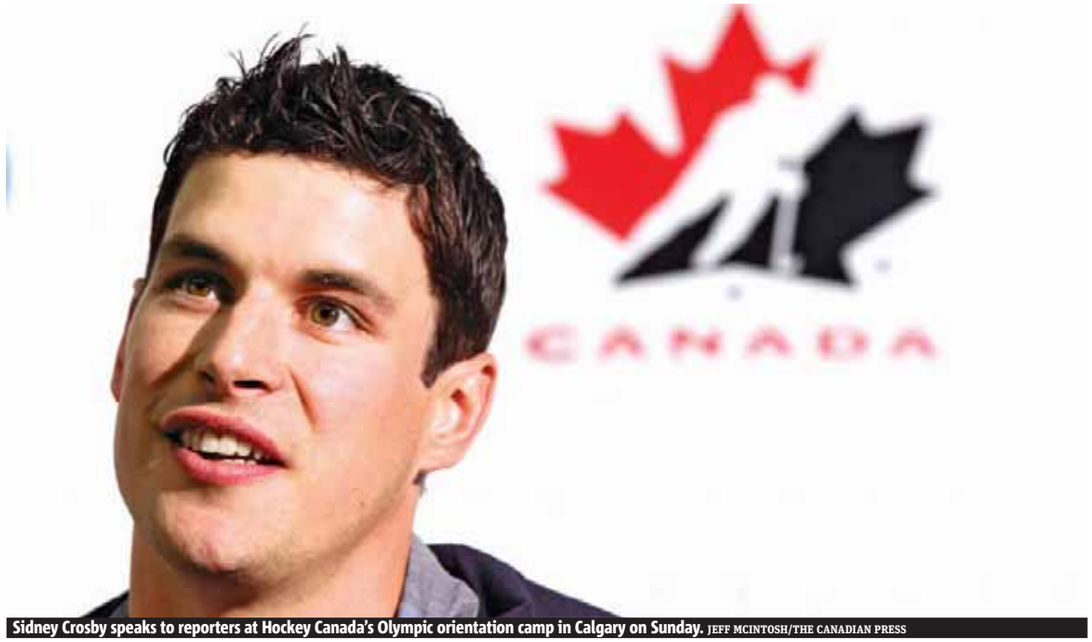
Masters champion Adam Scott won The Barclays on Sunday after everyone around him did their best to lose it.

Scott played bogey-free and closed with a 5-under 66. He finished an hour before the final group, and watched from the locker-room at Liberty National in Jersey City, N.J.

Graham DeLaet of Weyburn, Sask., shared second place with Tiger Woods, Gary Woodland and Justin Rose with a low final-round score of 65.

THE ASSOCIATED PRESS

Adam Scott on Sunday in Jersey City, N.J. GETTY IMAGES



Sidney Crosby speaks to reporters at Hockey Canada's Olympic orientation camp in Calgary on Sunday. JEFF MCINTOSH/THE CANADIAN PRESS

Players on board with icebreakers

Orientation camp. Team Canada hopefuls, coaches agree there is plenty to work on away from the rink

Sidney Crosby would like to be on the ice this week at Hockey Canada's Olympic orientation camp. So would Roberto Luongo.

Instead, the high cost of insurance will limit them to some optional off-ice workouts and maybe some golf on the side.

But Hockey Canada figures that no skating is no problem for the players who travelled to Calgary for a few days of meetings, bonding and information-sharing in preparation for the 2014 Winter Olympics in Sochi.

"It would be nice, but it's not the case and I still think we can get a lot out of these few days without skating," said Crosby, the Pittsburgh Penguins captain who scored the gold-medal-winning goal in Vancouver in 2010. "There will be a lot of information being thrown out there and we'll have to learn a lot in a short period of time, but I think everyone is kind of excited for that."

Too high of a price

Hockey Canada president and CEO Bob Nicholson estimated that with contracts totalling about $1.5 billion, it just got too expensive to insure them and allow players to lace up their skates.

Those who went through this experience four years ago before the Vancouver Olympics remember it fondly. They were able to skate then, which allowed coach Mike Babcock to at least get a rough idea of line combinations. But as assistant coach Claude Julien of the Boston Bruins pointed out, not having the luxury of skating gives the staff a "great opportunity to do something different."

"The terminology that Mike talks about that we put in the next two days, the systems, the walk-throughs, are really, really important," said assistant Ken Hitchcock, who coaches the St. Louis Blues.

"Having that information that the players can draw from, we can go back and hit familiar ground right away."

THE CANADIAN PRESS

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Buehrle helps bring Blue Jays out of funk

MLB. Lefty showing proclivity for coming through when Toronto falls into tailspin

Toronto might start calling Mark Buehrle the streak buster.

For the second time this season, Buehrle ended a Blue Jays seven-game losing streak Sunday.

He allowed one run over eight innings and the Jays rallied for two runs in the ninth inning to walk away with a 2-1 win over the Houston Astros.

Buehrle (10-7), who also ended the Jays' previous seven-game skid with a shutout against the Houston Astros on July 25, allowed seven hits and struck out seven in winning his fifth straight. He has allowed seven runs over 27 innings, spanning his last four starts.

Jays starter Mark Buehrle flips a grounder to first base for an out against the Astros on Sunday in Houston. THE ASSOCIATED PRESS

"If you last long enough, good things are going to happen," Buehrle said. "It would be nice to get runs early on, but you have to tip your hat to their pitcher keeping the guys off balance when you got guys on, getting ground balls. Tip your hat to him for not letting us score. Again, we battled until the end. That's why you play 27 outs. We scored runs at the right time."

With the win, Buehrle has earned at least 10 wins in 13 straight seasons, which matches CC Sabathia for the longest active streak in the majors.

"I'd rather forego some of the personal stuff for being in a better position than where we are right now," Buehrle said. "At the end of the day when the season is over and you look at the season, I feel like I am having a decent season, but I have six or seven starts left, so I have to finish strongly and get as many wins as I can."

Casey Janssen pitched the ninth for his 23rd save.

Houston starter Dallas Keuchel gave up four hits and three walks with two strikeouts in seven innings.

THE ASSOCIATED PRESS

Japan slides past U.S. for its ninth LLWS championship

Tokyo's Takuma Gomi is tagged out by Chula Vista, Calif., catcher Patrick Archer while attempting to score on a wild pitch during the Little League World Series championship game in South Williamsport, Pa., on Sunday. Tokyo won the game 6-4 to capture Japan's ninth title.

GENE J. PUSKAR/THE ASSOCIATED PRESS

NFL

Jets' QB picture up in the air with Sanchez injury

Mark Sanchez's banged-up right shoulder will keep him out of the New York Jets' pre-season finale.

Whether he's also out of the team's quarterback competition remains to be seen.

The Jets announced Sunday that Sanchez is "day-to-day" with an injured shoulder that will sideline him for the team's pre-season finale against Philadelphia on Thursday night. Sanchez, competing with rookie Geno Smith for the starting job, was unlikely to play in that game anyway.

The team did not announce the nature or severity of Sanchez's injury, suffered in the Jets' 24-21 overtime victory over the Giants on Saturday night. Sanchez had an X-ray after the game on the shoulder, which apparently revealed no fractures, and an MRI exam Sunday to determine if there's any damage.

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	77	55	.583	—
Tampa Bay	74	54	.578	1
Baltimore	70	59	.543	5½
New York	69	61	.531	7
Toronto	58	73	.443	18½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	77	53	.592	—
Cleveland	71	59	.546	6
Kansas City	65	64	.504	11½
Minnesota	57	72	.442	19½
Chicago	54	75	.419	22½

WEST DIVISION

	W	L	Pct	GB
Texas	75	55	.577	—
Oakland	72	57	.558	2½
Seattle	59	70	.457	15½
Los Angeles	58	71	.450	16½
Houston	43	86	.333	31½

Sunday's results
Cleveland 3 Minnesota 1
Baltimore 10 Oakland 3
N.Y. Yankees 3 Tampa Bay 2 (11 inn.)
Kansas City 6 Washington 4
Chicago White Sox 5 Texas 2
Toronto 2 Houston 1
L.A. Angels 7 Seattle 1
Saturday's results
Oakland 2 Baltimore 1
Cleveland 7 Minnesota 2
Washington 7 Kansas City 2
Chicago White Sox 3 Texas 2
Houston 8 Toronto 5
Tampa Bay 4 N.Y. Yankees 2
L.A. Angels 5 Seattle 1
Monday's games — All times Eastern
Tampa Bay (Hellickson 10-7) at Kansas City (Guthrie 12-10), 2:10 p.m.
N.Y. Yankees (Hughes 4-12) at Toronto (Dickey 9-12), 7:07 p.m.
Oakland (Griffin 10-9) at Detroit (Sanchez 11-7), 7:08 p.m.
Houston (Oberholtzer 3-1) at Chicago White Sox (Rienzo 1-0), 8:10 p.m.
Texas (Blackley 1-1) at Seattle (Saunders 10-12), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	78	52	.600	—
Washington	65	65	.500	13
Philadelphia	59	71	.454	19
New York	58	70	.453	19
Miami	49	80	.380	28½

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	76	54	.585	—
St. Louis	76	54	.585	—
Cincinnati	74	57	.565	2½
Milwaukee	57	73	.438	19
Chicago	55	75	.423	21

WEST DIVISION

	W	L	Pct	GB
Los Angeles	76	54	.585	—
Arizona	66	63	.512	9½
Colorado	61	71	.462	16
San Diego	59	71	.454	17
San Francisco	58	72	.446	18

Sunday's results
Detroit 11 N.Y. Mets 3
Colorado 4 Miami 3
Milwaukee 3 Cincinnati 1
Philadelphia 9 Arizona 5
Atlanta 5 St. Louis 2
San Francisco 4 Pittsburgh 0
San Diego 3 Chicago Cubs 2 (15 inn.)
Boston 8 L.A. Dodgers 1
Saturday's results
Boston 4 L.A. Dodgers 2
Detroit 3 N.Y. Mets 0
Arizona 12 Philadelphia 7 (18 inn.)
Miami 3 Colorado 0
Cincinnati 6 Milwaukee 3
St. Louis 6 Atlanta 2
Chicago Cubs 3 San Diego 2
San Francisco 6 Pittsburgh 3
Monday's games — All times Eastern
Cincinnati (Leake 11-5) at St. Louis (Lyons 2-4), 7:05 p.m.
Philadelphia (Lee 10-6) at N.Y. Mets (Wheeler 6-2), 7:10 p.m.
San Francisco (Zito 4-9) at Colorado (Nicasio 7-6), 8:40 p.m.
San Diego (Ross 3-6) at Arizona (McCarthy 2-8), 9:40 p.m.
Chicago Cubs (Arrieta 1-0) at L.A. Dodgers (Greinke 12-3), 10:10 p.m.

CFL

WEEK 9

EAST

	GP	W	L	T	PF	PA	Pts
Toronto	8	5	3	0	244	209	10
Hamilton	8	4	4	0	203	219	8
Montreal	8	3	5	0	195	239	6
Winnipeg	8	1	7	0	167	247	2

WEST

	GP	W	L	T	PF	PA	Pts
Saskatchewan	8	7	1	0	264	177	14
Calgary	8	6	2	0	261	200	12
B.C.	8	5	3	0	207	203	10
Edmonton	8	1	7	0	188	235	2

Saturday's results
Hamilton 37 Winnipeg 14
Saskatchewan 30 Edmonton 27
Friday's game — All Times Eastern
Hamilton at B.C., 10 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Montreal	12	7	5	41	35	41
New York	11	9	6	38	34	39
Kansas City	11	9	6	36	26	39
Philadelphia	10	8	8	37	37	38
Houston	10	8	6	29	28	36
New England	10	9	6	34	24	36
Chicago	10	10	4	30	34	34
Columbus	8	12	5	29	34	29
Toronto FC	4	12	9	22	34	21
D.C. United	3	17	5	15	41	14

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	13	8	6	48	33	45
Los Angeles	12	9	4	40	32	40
Colorado	10	7	9	33	27	39
Portland	9	3	12	37	25	39
FC Dallas	9	7	10	36	38	37
Vancouver	10	9	6	36	33	36
Seattle	10	8	4	30	26	34
San Jose	9	10	7	28	37	34
Chivas USA	5	14	6	24	45	21

Sunday's results
Chivas USA 3 New York 2
New England 5 Philadelphia 1
Portland at Seattle
Saturday's results
Montreal 5 Houston 0
D.C. United 1 Toronto FC 1
Los Angeles 1 Vancouver 0
FC Dallas 2 San Jose 2
Real Salt Lake 4 Columbus 0

Horoscopes

♈ Aries
March 21 - April 20
You may think you know all there is to know about a friend, but do you? Something you discover today will surprise you and require you to look at them in a new light. Maybe they're not so predictable.

♉ Taurus
April 21 - May 21
You have lots to do this week and you must get help. If you attempt to do it alone, you will most likely end up in a mess and get angry at the world.

♊ Gemini
May 22 - June 21
Make sure you know what is expected of you before you agree to take on more responsibility. You may be desperate to get ahead in your work or boost your income but it cannot be at any cost.

♋ Cancer
June 22 - July 23
Minor disagreements may get out of hand today, so try not to speak or act in a manner that could be seen as threatening. One minor spark could be all it takes to ignite a major blaze, so be extra careful.

♌ Leo
July 24 - Aug. 23
It's easy to blame others when things go wrong but on this occasion, the fault lies with you. Once you own up to that, you can find a way to put things right again. Others will help.

♍ Virgo
Aug. 24 - Sept. 23
You may be desperate to make a new start and the Sun in your sign makes it possible but don't push too hard today. Whatever choices you have in front of you there will be even better ones later in the week.

♎ Libra
Sept. 24 - Oct. 23
Venus in your sign is at odds with Uranus, planet of the unexpected, today, which suggests that someone close will be pushing to make changes. Let them. It's unlikely they will affect you.

♏ Scorpio
Oct. 24 - Nov. 22
Don't worry if you don't seem entirely "with it" at the moment. The challenges of the weekend have taken their toll and it may be a day before your mind is completely switched on again.

♐ Sagittarius
Nov. 23 - Dec. 21
There are a thousand and one things that need doing in your life and you know if you don't start on them now, they will never get done. Be ruthless in your time management.

♑ Capricorn
Dec. 22 - Jan. 20
You may be tempted to use shock tactics today but the planets warn it's not a good idea. You may even make things worse by provoking others to respond in kind.

♒ Aquarius
Jan. 21 - Feb. 19
You are right and everyone else is wrong. That's the way you look at it and no one is going to convince you otherwise. This time tomorrow though, you'll be having second thoughts.

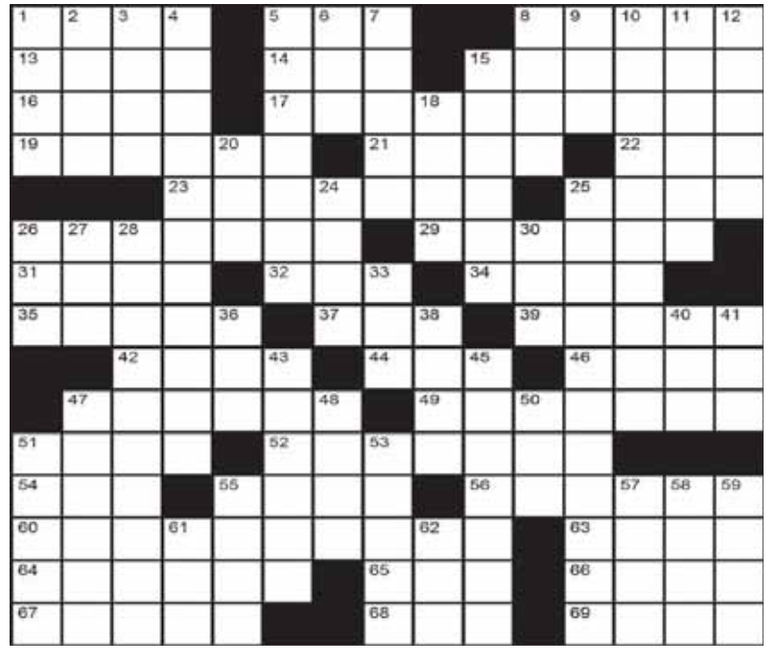
♓ Pisces
Feb. 20 - March 20
For some strange reason you fear the worst, even though there is no obvious reason why you should. Listen to your instincts but don't let them paralyze you into inaction. Just this once, they could be wrong.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



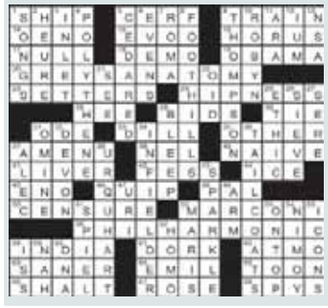
Across

1. Type of lettuce
5. US airer of "Mad Men"
8. Lady's Disney dog co-star
13. Nabisco treat
14. Mauna __ (Hawaiian volcano)
15. Singer Justin
16. Harbinger
17. Rap act, __ & Ryan Lewis
19. From whence 'Canada' originates
21. Cocktails, Mai __
22. Hi-__ graphics
23. Popper-outer-of-pop, __ machine
25. Afflicts
26. Ms. Lansbury's
29. Scooby-Doo's master
31. Diving bird
32. Nero's 155
34. Ms. Spelling
35. Shindig
37. As written
39. Varieties
42. Couples
44. Ms. West
46. Organized†crime boss
47. Mom-portrayer on #8-Down, Meredith Baxter __
49. Banting and Best... Canadians who co-discovered what?
51. "Groove Is in the Heart" by __-Lite
52. City __ (Municipal body)
54. German 'I'
55. Water bird
56. Eye part
60. Cavity causer: 2 wds.
63. Les Etats-__ (United States, in French)
64. Villager, say
65. Around-the-track unit
66. Newfoundland's nickname, The __
67. Designer Mr. Cassini's
68. Approx.
69. Particular baa-ers

Down

1. Oprah's Club link
2. "__ la Douce" (1963)
3. "__ there, done that."
4. New __, Nfld.; or, Place __ (Montreal building)
5. The Old Farmer's __
6. Bygone bird
7. Prickly desert plants
8. Michael J. Fox sitcom, "Family __"
9. Shortened sleep state
10. APTN = __ Peoples Television Network
11. Just
12. Iron
15. Scourge
18. Wichita's li'l state
20. __ Aviv, Israel
24. Fast web connections
25. Farming
26. High peak
27. Cacharel perfume
28. 'Mr. Hockey', Canadian legend from Saskatoon: 2 wds.
30. Hunky-dory
33. Energy
36. Poetically far
38. Abel's brother
40. Printer resolution meas.
41. Bart, to Homer
43. Break from a group
45. Convert into secret code
47. Stay groovy: 2 wds.
48. Yesteryear
50. "Sprechen __ Deutsch?"
51. "Same here."
53. "Full House" character, __ Jesse
55. Not that
57. "_ __ pronounce you..." (Altar words)
58. Pleasant
59. Questions
61. 1987 to 1994 'Star Trek' series, to fans
62. Writer Mr. Milne's

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		3				9		
	9		2		6		7	
6	8						3	4
		5	3		4	6		
1								7
		2	5		9	8		
3	2						5	1
	4		8		3		2	
		6				3		

Friday's Sudoku

8	4	7	2	5	9	1	3	6
2	5	3	1	6	4	7	9	8
1	6	9	8	7	3	4	2	5
3	9	1	4	8	2	6	5	7
7	2	5	9	1	6	8	4	3
6	8	4	7	3	5	2	1	9
5	1	8	3	2	7	9	6	4
4	3	2	6	9	8	5	7	1
9	7	6	5	4	1	3	8	2

Weather

TODAY	TUESDAY	WEDNESDAY
MAX: 20° MIN: 13°	MAX: 24° MIN: 12°	MAX: 24° MIN: 17°

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